



Portchester Sailing Club

Cruiser Sailing Instructions 2009 (v1 18/4/09)

1 Rules

- 1.1 These Instructions supersede all previous Rules and Sailing Instructions.
- 1.2 Racing will take place under the current ISAF Racing Rules of Sailing (RRS), the prescriptions of the R.Y.A., these Sailing Instructions and the Notice of Race.
- 1.3 The current Portsmouth Yardstick system will be used together with individual handicaps as may be allocated by the InterClub committee. Any yacht for which there is no handicap in the Portsmouth Yardstick system will be allocated a handicap number by the club to which it belongs. A minimum of 48 hours notice prior to a race start time is required to issue a handicap number for a boat not previously handicapped. A boat's handicap may be adjusted at any time without reservation.
- 1.4 A boat wishing to declare 'No Spinnaker' for a series of races must inform the Cruiser Captain or equivalent and receive acknowledgment a minimum of 24 hours before racing. The adjusted handicap and spinnaker status shall apply for the duration of that series, unless the boat wishes to re-enter the series as a new competitor. Yachts declaring 'No Spinnaker' shall receive a 40-point addition to their handicap, unless the handicap already takes this into account. Yachts declaring "no spinnaker" under Sailing Instruction 1.4 may not set more sails forward of the mast that would normally be used on a beat to windward.

2 Conditions of Entry

- 2.1 The safety of the boat and her entire management including insurance with racing cover shall be the sole responsibility of the owner/person in charge, who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. These Sailing Instructions do not limit or reduce the absolute responsibility of the owner/person in charge of the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury however caused to the owner/person in charge or crew as a result of taking part in a race or races. Moreover every owner/competitor warrants the suitability of the boat for a race or races.
- 2.2 Anchors shall be secured on or below deck and not protrude beyond the toe rail.
- 2.3 Competitors are required to submit a completed entry form to the Cruiser Captain or nominated designate prior to competing in racing.

3 Identification

- 3.1 A Club burgee shall be flown from the backstay of each competing yacht and racing numbers shall be displayed clearly on both sides. To aid identification, race numbers are required to be black on a white background, with a minimum text height of 200mm.

- 3.2 Ensigns shall not be flown while racing. Any vessel flying an ensign will be assumed to have retired and scored accordingly.

4 Cruiser Definition

- 4.1 A cruiser is defined as a Sailing vessel, with fixed internal sleeping accommodation.
- 4.2 A day boat is defined as a ballasted Monohull sailing vessel, with a minimum displacement without crew of 500 Kgs.
- 4.3 Multihulls are not eligible for races held within Portsmouth Harbour

5 Communications with competitors

- 5.1 Competitors shall confirm participation in each race by calling the race officer/start boat and receiving acknowledgement on VHF channel 37 prior to the warning signal; or shall inform the committee boat of their intention to race whilst the committee boat is on station at the start line.
- 5.2 Notices to competitors will be posted on the official notice board. A committee boat may also display an official notice board.
- 5.3 All VHF communications regarding a race will be on channel 37.
- 5.4 Any shortened course or race abandonment instructions will be transmitted on channel 37.

6 Notices to competitors and course Instructions

- 6.1 Notices to competitors will be posted on the official notice board or from the Committee Boat whilst on station. Course instructions will be announced on channel 37, and if possible from the Committee Boat.

7 Starts

- 7.1 Starting Procedure.
- (a) Races will be started as follows: 10-minute warning signal, a 5-minute preparatory signal, and the start signal. This changes rule 26.
- (b) The class flag will be International Code Flag C, unless altered in accordance with specific race instructions.
- 7.2 The start line is defined as an imaginary line between the main mast of the committee boat, or other mast raised for the purpose of starting the race, and an outer start line mark. An Inner limit mark may be laid adjacent to the committee boat. A boat passing between the Inner limit mark and any part of the vessel it guards after the preparatory signal will be disqualified. For the purposes of the RRs Rules 18, 28 and 31, the Outer and Inner distance marks, together with the committee boat are marks of the course.
- 7.3 The committee boat may herself commence racing as soon as possible after the start signal. Her elapsed time will count in the results.

8 Finishing

- 8.1 Committee boat – if specified, the finishing line will be an imaginary line between the main mast of the committee boat and a course mark, or otherwise as described in the course instructions.
- 8.2 Club Line – if specified, the finishing line is defined as the projection of a line through the mast on the starting platform at Portchester SC and green pile no 76.
- 8.3 In the event of the committee boat not being present at the finish line the following procedure will be adopted.
- (a) Each yacht finishing should take her own time to the nearest second, finishing as near as possible to the finishing mark
 - (b) Each yacht finishing should attempt to take the finish time of the following yacht.
 - (c) Each yacht should inform the race officer at the earliest opportunity of her finishing time and that of the following yacht.

9 Time Limit

- 9.1 Unless specifically referred to within the Notice of race for a specific race or series. All races run in accordance with these sailing instructions will have a time limit of 2 hours and 30 minutes. However, where the first boat finishes within this time limit then the limit will be extended by a further 30 minutes to 3 hours.

10 Protests

- 10.1 The intention to protest shall be communicated by the protesting boat to the Race Officer within four hours of the last boat completing the race.

11 Declarations

- 11.1 A boat that retires from a race shall inform the Race Officer at the earliest opportunity.

12 Scoring

- 12.1 The races and series listed below shall be scored in accordance with Appendix A of the RRs with the following exceptions:
Paragraph A2 shall not apply.
Paragraph A4.1 bonus point system shall not apply.
- 12.2 The following series shall be scored as series longer than a regatta (RR A9 shall apply):
- 1.1.a The Smiths Challenge Cup series.
 - 1.1.b The Smiths Trophy Evening Series.
 - 1.1.c The Interclub Series for the Castle Shield and Fleetlands Cup. This series shall be scored as a separate series from the Smiths Challenge Cup series
 - 1.1.d The Cruiser Supercup. This series shall be scored as a separate series from the Smiths Challenge Cup series
- 12.3 The position places achieved for boats that finish in each of Interclub races, Nab Tower race, Back of Wight race and Combined Harbour race, and Open races shall, for the purpose of scoring for PSC prizes and series results, exclude all non-PSC boats.

- 12.4 Discards.
Each boat's series-score shall be the total of her race scores except that for every 3 races scored in a series a discarded score will be allowed.

13 Prizes.

- 13.2 The Smiths Challenge Cup and The Spithead Cup Series.
The above trophies will be awarded to the winner and runner up in the season's races with the winner being declared as the Club Cruiser Champion. The races to count in the series will be:

- 13.2.1 The Open race for the Kemp Sails Trophy.
- 13.2.2 The Lymington Interclub Race for the Churchill Cup.
- 13.2.3 The Yarmouth Interclub Race for the Trelfa Cup.
- 13.2.4 The Cowes Interclub Race for the Solent Cup.
- 13.2.5 The Back of Wight Race for the Jean Barr-Taylor trophy
- 13.2.6 The Evening Series for the Smiths Trophy (*Overall score to count*).
- 13.2.7 The Nab Tower Race for the Chiriya Cup.
- 13.2.8 The Rum Run for the Carpenter/Prouting Cup.
- 13.2.9 The Combined Harbour Race for the Cams Shield.
- 13.2.10 The Solstice Race for the Solstice Cup.
- 13.2.11 The Passage Race for the Dolphin Cup.
- 13.2.12 The Vectis Race for the Vectis Cup/Seaview trophy.
- 13.2.13 The Cruiser Supercup in-harbour race

- 13.3 The Smiths Trophy and Twilight Cup Series.
The races to count will be a series of evening races held within the harbour.

- 13.4 The Castle Shield and Fleetlands Cup Series.
The races to count will be:

- 13.4.1 The Lymington Interclub Race.
- 13.4.2 The Yarmouth Interclub Race.
- 13.4.3 The Cowes Interclub Race.
- 13.4.4 The Nab Tower Race.
- 13.4.5 The Back of Wight Race.
- 13.4.6 The Combined Harbour Race.

- 13.5 The Cruiser Supercup.
The races to count will be :
12.4a The Nab Tower Race
12.4.b The Cruiser Supercup in-harbour race

- 13.6 The Trafalgar Plate Trophy.
The first PSC boat completing the ISC Round the Island Race after the PSC handicap is applied to the published elapsed time.

- 13.7 The Kemp Sails Open Race Trophy.
Awarded to the first boat in the Kemp Sails Race.

- 13.8 The Grouse Trophy.
Awarded to the first PSC boat in the Kemp Sails Open Race where a PSC boat is not the overall winner.
